

Ada West **DERMATOLOGY**

Diseases of the Skin, Hair, Nails, & Skin Cancer Treatment

General Pre-Operative Instructions

ABOUT YOUR SURGERY

The staff here at Ada West Dermatology is committed to making your surgical experience comfortable, pain-free and convenient. Our Providers strive to give you the best outcome possible from beginning to end. This includes the best cosmetic outcome possible. Don't worry, your procedure is a minor in office surgery- You will do great!

THINGS TO REMEMBER

- Eat your normal meals- No fasting necessary
- Take your prescription medications as normal. If you take aspirin for your heart do not stop without first consulting your prescribing physician. (Your heart health is important to us)
- Try to avoid OTC NSAIDS like Motrin, Advil or Aleve 4-5 days prior to your procedure.
- If you have an artificial joint, heart valve or other condition requiring antibiotics prior to surgery please let us know in advance.
- If you are allergic to Latex or adhesives, please remind us at the time of your procedure
- For central face surgery, have a driver to help get you home.
- You are welcome to bring someone with you for moral support during your procedure. We love company!
- RELAX- we will do all we can to make you comfortable.

If you have any questions or concerns, please do not hesitate to call the office at 208-884-3376 during regular business hours. We are here to help make sure that your procedure goes and smoothly and comfortably as possible